

Studies In Proverbs Lesson 5

How To Be Happy In Life

Blessed...

"Now therefore, my sons, hearken unto me; for *blessed* are they that keep my ways." Proverbs 8:32.

"*Blessed* is the man that heareth me, watching daily at my gates, waiting at the posts of my doors." Proverbs 8:34.

Negatively, to be Happy, One Must Not:

Be a Fool!

1. "But the foolish despise wisdom and instruction" Proverbs 1:7.
2. "... fools hate knowledge" Proverbs 1:22.
3. Are often destroyed by "careless ease" Proverbs 1:32.
4. "... shame shall be the promotion (legacy) of fools" Proverbs 3:35.

Negatively, to be Happy, One Must Not:

Be a Fool!

5. "Fools mock at sin, but among the righteous there is favor." Proverbs 14:9 (KJV)
6. One who "trusts in his own heart is a fool" Proverbs 28:26; cf. Proverbs 3:5 "trust in Jehovah with all thy heart and lean not upon thine own understanding"

Negatively, to be Happy, One Must Not:

Be a Liar! cf. Ephesians 4:25; Revelation 21:8.

1. God hates "a lying tongue," and "a false witness who speaks lies" Proverbs 6:16-19.
2. "Lying lips are an abomination to the Lord" Proverbs 12:22.
3. "A false witness shall not go unpunished, and he who uttereth lies shall not escape" Proverbs 19:5.

Negatively, to be Happy, One Must Not:

Be Proud! cf. Matthew 5:3; 23:12; James 4:6; 1 Peter 5:5.

1. "When pride comes, then cometh shame; but with the lowly is wisdom" Proverbs 11:2.
2. "Pride goes before destruction, and a haughty spirit before a fall" Proverbs 16:18.

Negatively, to be Happy, One Must Not:

Be Proud! cf. Matthew 5:3; 23:12; James 4:6;
1 Peter 5:5.

3. “A high look, and a proud heart, and the lamp of the wicked is sin” Proverbs 21:4.
4. “Do you see a man wise in his own eyes? There is more hope for a fool than for him” Proverbs 26:12 (NASV).

Negatively, to be Happy, One Must Not:

Be Lazy! cf. Ephesians 4:28; 2 Thessalonians 3:10.

1. “He becometh poor that worketh with a slack hand; but the hand of the diligent maketh rich” Proverbs 10:4.
2. “The hand of the diligent will rule, but the lazy man will be put to forced labor” (NKJV) Proverbs 12:24.

Negatively, to be Happy, One Must Not:

Be Lazy! cf. Ephesians 4:28; 2 Thessalonians 3:10.

3. “The way of the lazy man is like a hedge of thorns, but the way of the upright is a highway” (NKJV) Proverbs 15:19.
4. “Laziness casts one into a deep sleep, and an idle person will suffer hunger” (NKJV) Proverbs 19:15.

Negatively, to be Happy, One Must Not:

Consume Alcoholic Beverages!

1. “Wine is a mocker, strong drink is a brawler, and whosoever erreth thereby is not wise” Proverbs 20:1.
2. “Who hath woe? who hath sorrow? who hath contentions? Who hath complaining? who hath wounds without cause? Who hath redness of eyes? They that tarry long at the wine; They that go to seek out mixed wine. Look not thou upon the wine when it is red, When it sparkleth in the cup, When it goeth down smoothly: At the last it biteth like a serpent, And stingeth like an adder” Proverbs 23:29-32

Positively, to be Happy, One Must:

Control His Tongue! cf. Colossians 4:5-6;
Matthew 12:34-37; James 1:26.

1. “The mouth of the righteous is a fountain of life, but violence covereth the mouth of the wicked” Proverbs 10:11.
2. “The mouth of the righteous brings forth wisdom, but the perverse tongue shall be cut off” Proverbs 10:31.

Positively, to be Happy, One Must:

Control His Tongue! cf. Colossians 4:5-6;
Matthew 12:34-37; James 1:26.

3. “There is that speaketh rashly like the piercings of a sword; But the tongue of the wise is health” Proverbs 12:18.
4. “A soft answer turneth away wrath, but a grievous (harsh NKJV) word stirs up anger” Proverbs 15:1.; cf. v. 4.
5. “A word fitly spoken is like apples of gold in network of silver” Proverbs 25:11.

**Positively, to be Happy,
One Must:**

Honor His family Responsibilities!

Children should:

- a. Listen to their parents: “My son, hear the instruction of your father, and do not forsake the law of your mother; for they will be a graceful ornament on your head, and chains about your neck” (NKJV) Proverbs 1:8,9
- b. Obey their parents: “My son, keep your father’s command, and forsake not the law of your mother” Proverbs 6:20.
- c. Honor their parents, Exodus 20:12; Ephesians 6:1-2.

**Positively, to be Happy,
One Must:**

Honor His family Responsibilities!

Fathers should:

- a. Properly discipline their children. “He who spares his rod hates his son, but he who loves him disciplines him promptly” Proverbs 13:24 (NKJV).
- b. “Chasten your son while there is hope, and do not set your heart on his destruction” Proverbs 19:18 (NKJV); cf. Proverbs 23:13
- c. “Train up a child in the way he should go, and even when he is old he will not depart from it” Proverbs 22:6.

**Positively, to be Happy,
One Must:**

Honor His family Responsibilities!

Husbands should:

- a. Avoid immorality. God’s wisdom is designed to “deliver” one “from the immoral woman” Proverbs 2:16. Only those who lack understanding (and character!) will yield to this temptation ... Proverbs 9:13-18.

**Positively, to be Happy,
One Must:**

Honor His family Responsibilities!

Husbands should:

- b. Honor your wife. “He who findeth a wife findeth a good thing, and obtaineth favor of Jehovah” Proverbs 18:22. “Houses and riches are an inheritance from fathers, but a prudent wife is from the Jehovah” Proverbs 19:14. “Her children rise up and call her blessed; her husband also, and he praiseth her” Proverbs 31:28.

**Positively, to be Happy,
One Must:**

Honor His family Responsibilities!

The wife should see Proverbs 31:

- a. Be virtuous, verse 10, trustworthy, verse 11, kind in her words, verse 26, industrious, verse 27.

**Positively, to be Happy,
One Must:**

Have perseverance. cf. Galatians 6:9; 1 Corinthians 15:58.

1. “If thou faint in the day of adversity, thy strength is small” Proverbs 24:10.
2. “For a righteous man falleth seven times, and riseth up again; but the wicked are overthrown by calamity” Proverbs 24:16.

Positively, to be Happy,
One Must:

Maintain an Inner Happiness.

Proverbs 15:13,15; 17:22.

Positively, to be Happy,
One Must:

Trust in the Lord.

Proverbs 3:5

Proverbs 30:5 “Every word of God is tried:
He is a shield unto them that take refuge in
him.”

- Remember this: true, lasting happiness comes from doing the Lord's will ... Revelation 22:14